

Useful webpages

Topic	Webpage
Anxiety	Child Mind www.childmind.org Mind spot www.mindspot.org.au
Attention Deficit Hyperactive Disorder [ADHD]	ADHD Australia https://www.adhdaustralia.org.au/ Additude https://www.additudemag.com/ Child Mind www.childmind.org Thriving with ADHD https://thrivingwithadhd.com.au/
Autism Spectrum Disorder [ASD]	Amaze https://www.amaze.org.au/ Autism Awareness Australia https://www.autismawareness.com.au/ Autism Spectrum [ASPECT] https://www.autismspectrum.org.au/ Autism Queensland https://autismqld.com.au/ Early Years Connect - Training https://earlychildhood.qld.gov.au/early-years/activities-and-resources/early-years-connect#online-modules App Guide http://www.bestautismtherapy.com.au/AppGuide/AppCriteria.php Autism Apps https://www.autismapps.org.au/ Australia Psychological and Wellness Centre (Coffs Harbour) http://www.apawc.com.au/about/ Child Mind www.childmind.org
Accommodation	Youth Emergency Accommodation www.yaa.com.au
Bed Wetting	Continence Foundation of Australia https://www.continence.org.au/
Bullying	Kids Against Bullying https://www.pacerkidsagainstabullying.org/what-is-bullying/

Carers	Carers Australia https://www.carersaustralia.com.au/
Colouring	Mandala Monday https://mondaymandala.com/m
Crisis	Lifeline Lifeline Australia - 13 11 14 - Crisis Support. Suicide Prevention.
Depression	Black Dog Institute https://blackdoginstitute.org.au/ Child Mind www.childmind.org
Disability/ Illness	Livewire (children's support group) https://www.livewire.org.au/
Domestic & Family Violence	Australian National Research Organisation for Women's Safety [ANROWS] Limited https://www.anrows.org.au/ 1800 Respect Home 1800RESPECT
Early Childhood	Early Childhood Australia http://www.earlychildhoodaustralia.org.au/
Eating Disorders	Butterfly Foundation www.thebutterflyfoundation.org.au
Grief and Loss	National Association of Loss and Grief https://www.nalag.org.au/ National Centre for Childhood Grief https://childhoodgrief.org.au/
Health	Healthy kids for professionals https://pro.healthykids.nsw.gov.au/ Healthy Kids, Eat Well, Be Active https://www.healthykids.nsw.gov.au/ Make Healthy Normal https://www.makehealthynormal.nsw.gov.au/ Kids Health https://kidshealth.org/
Learning difficulties	Understood https://www.understood.org/ Speld https://www.speld.org.au/

LGBTI	LGBTI Australia https://lgbtihealth.org.au/ Q-Life https://qlife.org.au/
Mental Health	Kids Help Line www.kidshelpline.com.au Mind Spot www.mindspot.org.au Beyond Blue www.youthbeyondblue.com Headspace www.eheadspace.org Sane www.sane.org Q-Life www.qlife.org.au Reach Out www.reachout.org Mental Health Professional Network https://www.mhpn.org.au/ Mind Australia https://www.mindaustralia.org.au/ My Compass – Black Dog Institute https://www.mycompass.org.au/
Mindfulness & Meditation	Aura Aura - All-In-One App for Emotional Health & Sleep (aurahealth.io) Smiling Mind www.smilingmind.com.au Rainy Mood www.rainymood.com Mind the Bump www.mindthebump.org.au
Occupational Therapy	Occupational Therapy Australia https://www.otaus.com.au/ Your Kids OT https://www.yourkidsot.com/
Parenting	Raising Children https://raisingchildren.net.au/ Kids Health https://kidshealth.org/ Resourcing Parents http://www.resourcingparents.nsw.gov.au/ Kids Matter www.kidsmatter.edu.au Child Mind www.childmind.org Families NSW www.families.nsw.gov.au

	<p>Kids Count www.kidscount.com.au</p> <p>Uplifting Australia https://www.upliftingaustralia.org.au/</p> <p>Carer gateway https://www.carergateway.gov.au/</p> <p>Parent Works https://parentworks.org.au/#/</p> <p>Great Schools https://www.greatschools.org/</p>
Personality & Temperament	<p>Personality Test – Black Dog Inst https://blackdoginstitute.org.au/clinical-resources/health-professional-resources/temperament-and-personality(t-p)-questionnaire</p>
Racism	<p>It Stops with Me https://itstopswithme.humanrights.gov.au/</p>
Research	<p>National Rural Health Alliance https://www.ruralhealth.org.au/about</p>
Social and Emotional Support	<p>Secret Agent Society https://www.sst-institute.net/</p>
Suicide Supports	<p>Lifeline https://www.lifeline.org.au/</p>
Training	<p>Emerging Minds – webinars, courses and resources https://emergingminds.com.au/</p> <p>Mental Health Professional Network https://www.mhpn.org.au/</p>
Trauma	<p>Emerging Minds Community Trauma Toolkit https://emergingminds.com.au/resources/toolkits/community-trauma-toolkit/</p>
Women’s Resources	<p>Australian National Research Organisation for Women’s Safety [ANROWS] Limited https://www.anrows.org.au/</p>