

2019-2020 Research and Innovation Locally-Driven by Mid North Coast Local Health District Health Promotion

PROJECT	LEAD	AIM	TARGET POPULATION							PRIORITY HEALTH AREA						
			0 – 2 years	Pre-school 3 – 5 years	Primary School (5–12 years)	High School (12–18 years)	Adults	Ageing	Aboriginal	CALD	Nutrition Education	Physical Activity Education	Healthy Aging Falls Injury Prevention	Screen Time Education	All preventive health focus	
Childhood obesity training and education for medical students	MNCLHD UNSW	Lectures designed to increase medical students knowledge on child obesity, and to improve their motivation, confidence and skills to treat this chronic condition.	●	●	●	●						●	●		●	
Kilometre Club Evaluation	MNCLHD	An evaluation to understand barriers and facilitators of implementing and participating in a primary school based physical activity program on the MNC.			●								●			
Parents in Child Nutrition Informing Community (PICNIC)	MNCLHD	To understand parent’s perceptions of a peer education feeding practice program (PICNIC), created to support new parents feeding their infants and toddlers on the MNC. Also a referral pathway for clinicians.	●									●				
PICNIC (Bandu) - Kempsey	MNCLHD	To address some of the underlying issues that contribute to childhood obesity in Kempsey, using the PICNIC program.	●								●					
Healthy Communities Mid North Coast Innovation Fund Program 2018 to 2020 – Evaluation	MNCLHD & CSU	An evaluation of the effectiveness and impact of the Healthy Communities Mid North Coast Innovation Fund (small grants). Recommendations from the evaluation (of rounds 1 & 2) will inform future rounds of the Innovation Fund.				●	●	●	●			●	●	●		
Development of a scalable and sustainable framework to re-orient local health services towards a whole of Mid North Coast LHD preventive health model.	MNCLHD & CSU	To develop a scalable and sustainable framework to re-orient local health services towards a whole of MNCLHD preventive health model.	●	●	●	●	●	●	●	●						●

MNCLHD	Mid North Coast Local Health District
UNSW	University of New South Wales
CSU	Charles Sturt University