



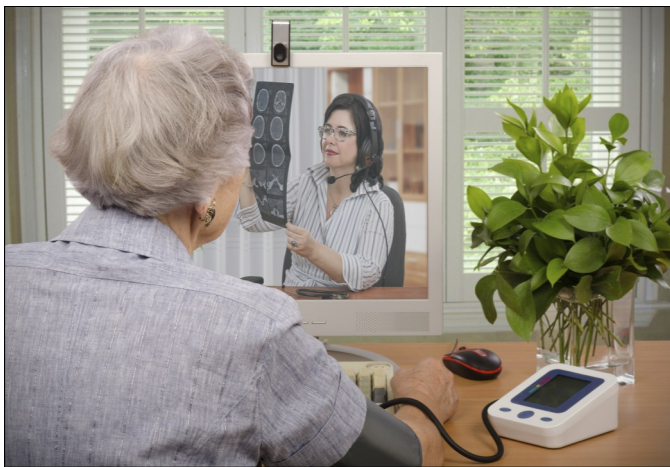
You have been given this because your treating health care professional has determined that a live telemedicine appointment is an option for you.

### What is an Online Health Appointment?

An online health appointment is just like any other health care appointment except that you and the health care professional are not in the same room.

You and your health care professional talk to each other through digital devices such as computers or iPads.

It includes both sound and video so is very similar to a face to face appointment.



### What equipment is needed?

- A computer, iPad or similar
- A video camera,
- Speakers and a microphone connected to the computer, or a telephone
- A good internet connection
- A suitable private, quiet location

### What does it cost?

- The MNCLHD provide access to the software for free
- You will need to confirm any costs with your health care professional
- If you attend at your GP rooms you will need to ask them about any costs
- If your appointment is at home, you will use internet data allowance

Your health care professional for this appointment is:

.....

Your appointment details are:

Date .....

.....

Time .....

PIN .....

Please log into the system 10 minutes before to ensure everything is working.

To log into your appointment go to the Mid North Coast Local Health District website, go to the Online Waiting Room, click on your health care professional's name and then enter your PIN.

**For more information about the MNCLHD  
Online Appointment Initiative visit the website  
<http://mnclhd.health.nsw.gov.au/services/telehealth/>**