

North Coast Youth Vaping Taskforce



Key Achievements to date

May 2024

Key Taskforce milestones

- Established North Coast Youth Vaping Taskforce and Working Groups
- [Online Youth Vaping Hub](#) developed with evidence-based resources, training and support
- Community forums, school consultations, parent survey informed the development of the North Coast Youth Vaping Action Plan
- Partnership with National Drug and Alcohol Research Centre (NDARC) to support evaluation of Taskforce and key initiatives.

Action setting: Schools

- Pilots (2) of the 'Clouded Minds' program
- Presentations to School Principals and Wellbeing and Health In-reach Nurses networks
- Development and presentation of an online webinar for teachers, web-based resources for teacher and parent newsletter snippets and social media tiles.



School highlight: School-based consultation

Student workshops provided a space for young people to have a voice and share their experience and ideas for solutions to address vaping issues.

Action setting: Community

- 'Do you know what you're vaping' campaign shared via Taskforce and Working Group networks
- Research funding received to develop a vaping conversation toolkit for parents, carers and other trusted adults
- Four community-based youth vaping education sessions provided to services, parents/carers and grandparents.
- Parent and carer webinars

Community highlight: Parent consultation

Distribution of a parent survey, capturing the perspectives of more than 300 North Coast parents. A series of webinars was conducted to inform parents about vapes, and what we know about them, including current evidence and how to support young people who use them.



Action setting: Health

- NSW Health Guide to Support Young People to Quit e-Cigarettes circulated to LHD clinicians and GPs
- Presentations for health professionals at Healthy North Coast (PHN) Clinical Society Meetings
- Youth vaping clinician training includes evidence and resources on how to provide nicotine dependence support and referral pathways.

Health highlight: Vaping in Youth Regional HealthPathway for NSW

Healthy North Coast in collaboration with MNCLHD, Centre for Population Health and Sydney Children's Network developed a valuable access point for health professionals to provide youth and their families with support and information on vaping and cessation support.



Action setting: Regulations and environment

- Established North Coast Regulation Working Group in partnership with NSW Police
- 'No Smoking means No Vaping' signage shared via Taskforce and Working Group networks to access and raise awareness that vaping is banned in all smoke-free areas
- Regulatory changes updated on online youth vaping hub, including an easy-to-understand factsheet.

Regulations and environment highlight: Compliance activities

North Coast Population and Public Health staff in partnership with NSW Police coordinated and led numerous compliance activities. During 2023, 40,072 vapes were seized from retail premises an estimated street value of \$1,202,160.

To find out more, go to
www.mnclhd.health.nsw.gov.au/healthy-living/youth-vaping/

Or email us at
mnclhd-hp@health.nsw.gov.au