

Mid North Coast Brain Injury Rehabilitation Service

Mid North Coast Brain Injury Rehabilitation Service (MNCBIRS)

We are a free service based at Coffs Harbour and Port Macquarie.

Services include:

1. The support of a team specially trained in providing services to people with a brain injury.
2. A comprehensive assessment, rehabilitation and case management service in preparation for return to home, work and study.
3. A consultancy service for other Allied Health clinicians and organisations within the area.
4. A Concussion clinic for children and adults.
5. Client and carer support groups.
6. Education sessions on traumatic brain injuries and its effects to local educational institutions and community organisations.

What we do

When a person has a severe brain injury from a motor vehicle accident, assault, fall or work injury it can change how you do everyday tasks, think and behave. MNCBIRS case management and rehabilitation helps in your recovery and assists you to understand and plan how to reach your goals.

Everyone is different so you will be at the centre of decision making and planning. Your family and friends will also be part of your team. The MNCBIRS case manager will work with you to involve therapists and services that you and your family may need when leaving hospital and as you decide what is important for you to work on and achieve.

We specialise in managing issues such as cognitive, behavioural and psychosocial changes, where the effects of the brain injury have an impact on the previous life of the individual.

We have been approved by the Lifetime Care and Support Authority and can also link you up with many other service providers in the area. There are strong links between city, suburban and country units which ensures your care continues, regardless of where you live.

We are a part of the NSW Agency for Clinical Innovation network to ensure that you receive the right health care at the right time and in the right place. By working with MNCBIRS, you will have access to all of the knowledge and support available.

We are proud to provide best practice in the area of brain injury.

Who is eligible

Our team is specially trained to support people with brain injuries. We work with children (aged 5-16) and adults (aged 16-65) that live in the Coffs Harbour and Port Macquarie areas.

We work with people who have sustained a recent traumatic brain injury and have rehabilitation goals.

Depending on service capacity, we are able to extend these services to people who have had an acquired brain injury, such as non-progressive tumour or stroke.



Key towns where our Mid North Coast clients live:



When you work with a Rehabilitation Case Manager from MNCBIRS you will be using:

- A local case manager who has links, contacts and an understanding of our local area.
- A case manager who is supported by a team with expertise in brain injury rehabilitation.
- A case management service that can be contacted five days a week.

The Rehabilitation Team

MNCBIRS has experienced staff including:

- Neuropsychology
- Occupational Therapy
- Speech Pathology
- Social Work
- Psychology
- Paediatric Case Management
- Visiting Rehabilitation Specialist

We often will meet with you, your family and others at home, school, work, or even at the shops. We are also able to offer telehealth services if you are unable to leave your home.

To find out more, visit:

<https://www.aci.health.nsw.gov.au/resources/brain-injury-rehabilitation/nsw-services/birp-nsw>



Who can you contact?

To discuss your needs and the services available, contact the Manager of the Mid North Coast Brain Injury Rehabilitation Service at any time on:

Tel 02 6659 2300 Coffs Harbour

MNCLHD-CHHC-BIRS@health.nsw.gov.au

Tel 02 5525 0585 Port Macquarie

MNCLHD-PMCHC-BIRS@health.nsw.gov.au

