



Essentials of Care



Audience: Nursing & Midwifery
Focus Area: Facilitating Practice development initiatives

Aim of the Program:

Essentials of Care (EoC) is about developing practice to improve and enhance how care is provided so everyone benefits. The program values the contributions of all involved in care to assist in developing a workplace where respect, compassion and real connection happens for patients, their families and staff. The tools and approaches of EoC can transform work practices and reveal opportunities to develop change initiatives.

Workplace Benefits:

EoC recognises the potential for leadership at all levels & it focuses on developing leadership and future leaders.

EoC invites patients, carers, staff and students to be involved. The team does this by using tools and approaches that gather patient and staff stories giving all involved a voice to share their experiences. Sharing people's experiences with the team informs the team about what is working well, and what matters to those involved and reveals potentials for improvement.

EoC is about facilitating the development of a compassionate caring culture.

Professional Development:

EoC provides the tools and skills to reflect, to challenge, to ask questions, and to gather evidence and plan a way forward. Some specific learning and development opportunities:

- Communication skills - facilitation skills to develop supportive and productive relationships across the workplace environment and greater confidence and ability to provide feedback in the moment. Gain an ability to consider other perspectives and to collaborate to make things happen.
- Learning how to take a positive approach to change, learning about appreciative inquiry and self-directed change through action research.
- Skill development in abstract submissions, project documentation, oral presentations and multimedia posters for conference work.



Express your interest and contact us:

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